

Wanted!

Post-postmodern attitudes

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I dedicate this book to all humans ... who are helping the evolution of Planet Earth and all her life forms.

George E Lockett, 2009



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The Transcendence Movement

A significant and growing grassroots movement, made up of individuals that, rather than living according to a modern, rational epistemology or one of the many perspectives from within the range of postmodern views, choose to adopt a post-postmodern approach to life.



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Examples of the Transcendence Movement

- **Scientific and Medical Network**
 - **Alister Hardy Society**
- **InterSpiritual Dialogue 'n
Action Forum**



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Climate Change Challenges

Accepting interconnectedness

Relinquishing material
expectations

Beyond Dualism

Accepting Responsibility



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Change of attitudes

Modern Era
to give in order to receive

Postmodern Transition
to give in order to manipulate

Post-postmodern Era
to give without thought of receiving

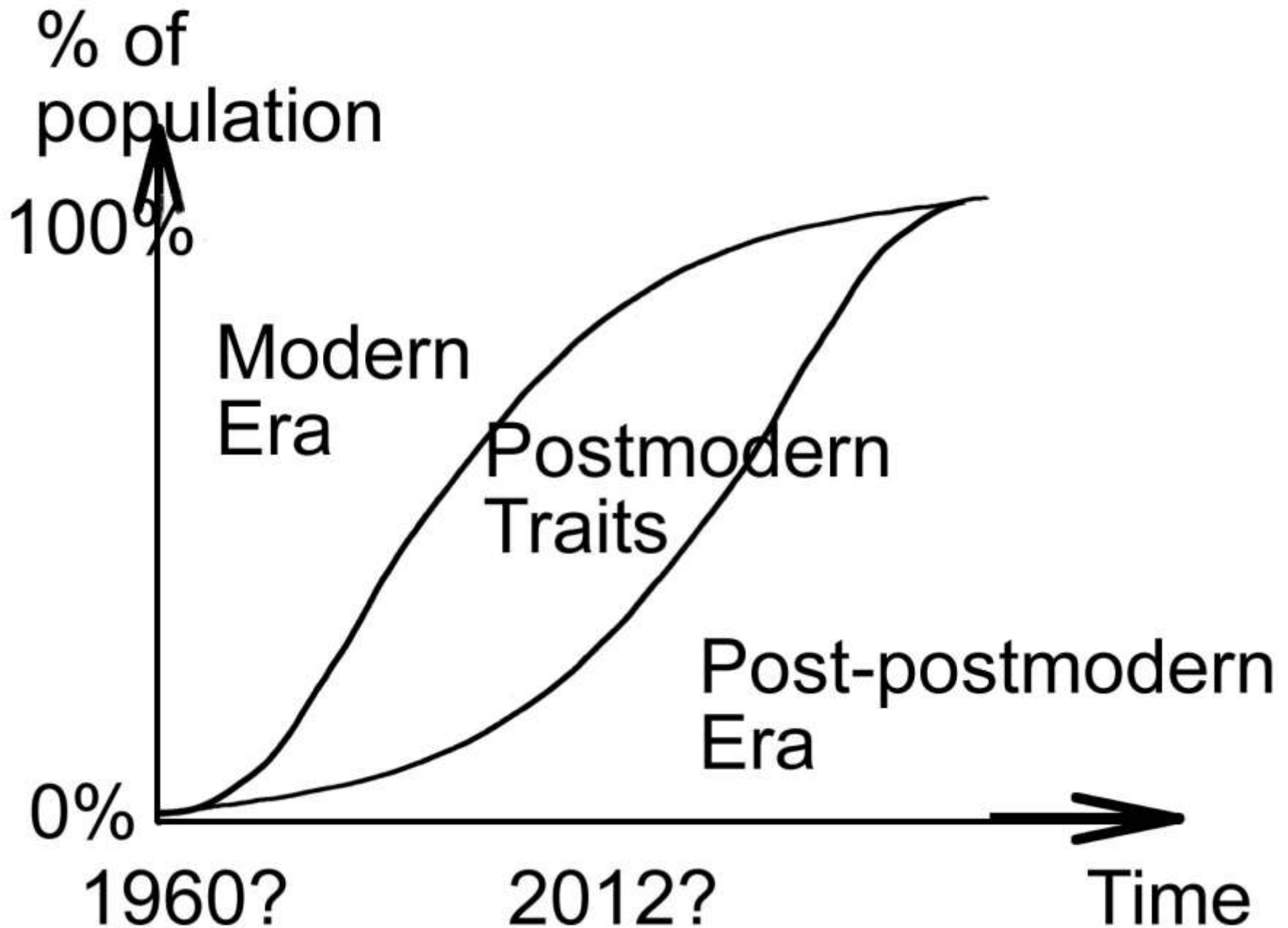
Developed from Watson 1993



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Evolutionary Transition



Transforming

A radical change in external societal structures and the creation of a new person

Wade 1997 referring to Freire (1972)
and to Kemmis (1983)



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*I consciously walk the earth with
a lightness of my presence*

Contributor 7 (M49)



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Transcend

to rise above

to surmount

to surpass

to exceed

to pass or lie beyond the limit of

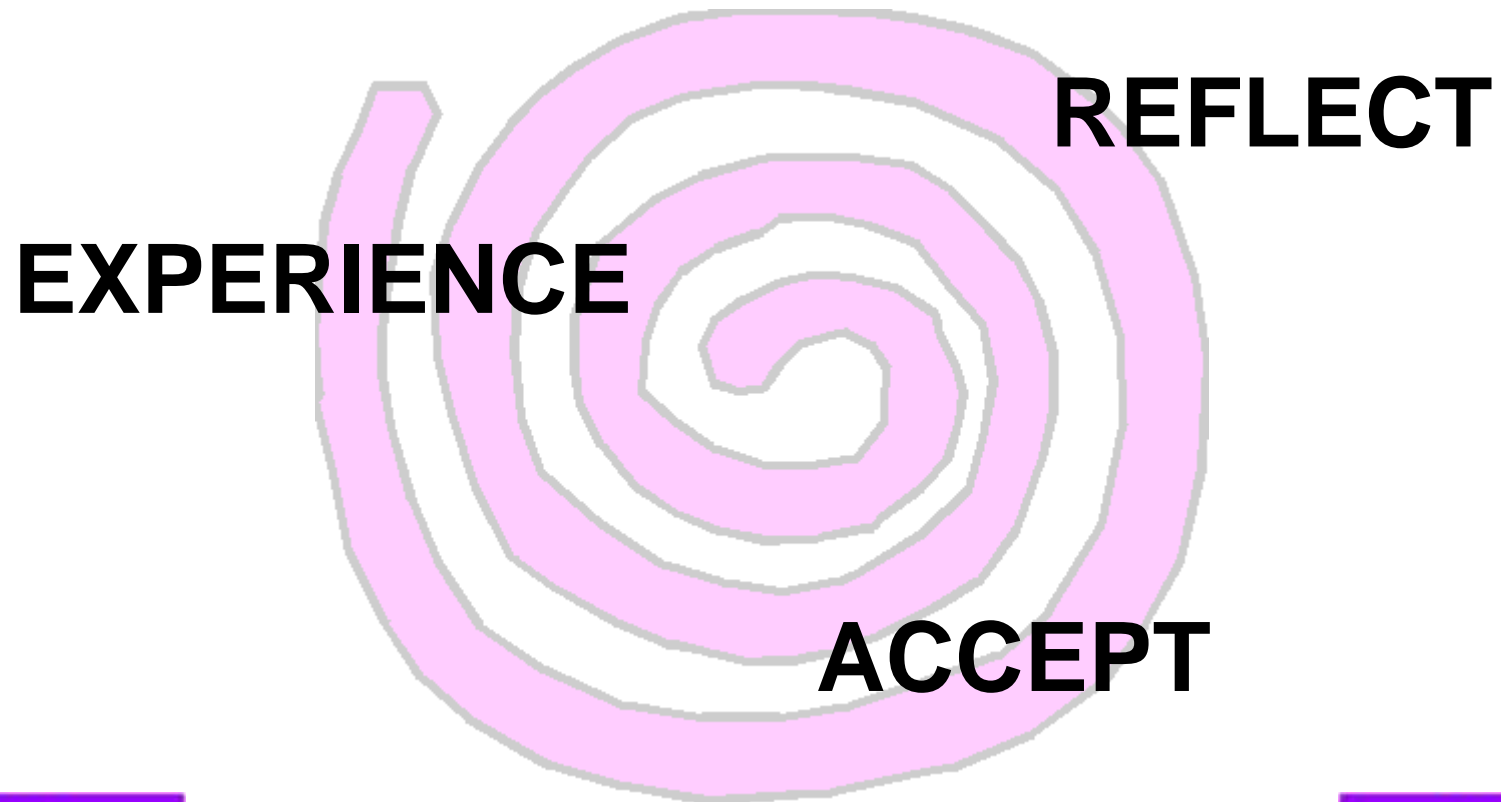
Chambers English Dictionary 1990



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Acceptance & Evolution



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Radical Acceptance

... takes in and responds to how things actually are.

Kabat-Zinn 2005, p407



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Experience It!

How we might embody freedom
from affliction and emotional
turmoil right in the midst of
affliction and emotional turmoil

Kabat-Zinn 2005, p567



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The South Stack Experience



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The Aha! Moment

An inner knowing beyond
intellectual understanding

“

“



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W.I.I.F.M?

Transcending our conditioned
separation

Sense of belonging

Feeling of compassion

(giving = receiving)

= LOVE



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Being *out of touch*

It is so easy to eat without tasting, miss the fragrance of the moist earth after a rain ...

Kabat-Zinn 2005, p118



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What is required is nothing special, simply that we start paying attention and wake up to things as they are. All else will follow.

Kabat-Zinn 2005, p609



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The Experience of Nature

I was watching huge fat raindrops splash on the ground all around me, I was watching the raindrops, how they dropped onto the ground, splashed and the shapes they made. I could hear it drumming on my huge umbrella and I could smell it on the air. I smiled from ear to ear.

Contributor 3 (F35)



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